Fresno Unified Illness and Quarantine Guidelines
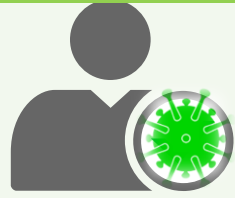
If you don't feel well, stay home and call your school or workplace

SICK STUDENT	POSITIVE STUDENT	SICK EMPLOYEE	POSITIVE EMPLOYEE

SICK STUDENT

Any student who is sick and not feeling well should stay home. Call your school site for attendance purposes.

Stay Home

COVID testing is encouraged to rule out COVID-19. If positive, see POSITIVE STUDENT guidelines.

Stay home if sick. Students can return when:
- ✓ Symptoms have improved
- ✓ Fever-free for 24 hours (1 day) WITHOUT the use of fever reducing medication

Updated January 15, 2024

POSITIVE STUDENT

Any student who has tested POSITIVE, no matter their vaccination status should isolate at home.

Isolate

Stay home while sick. Student can return when:
- ✓ Symptoms have improved
- ✓ Fever-free for 24 hours (1 day) WITHOUT the use of fever reducing medication

Isolating away from a household positive is recommended, but not required

Based on reduced COVID cases, Fresno Unified is no longer group tracing classes, teams or groups.

SICK EMPLOYEE

Any employee who has COVID 19 symptoms should stay home and report it to their supervisor:

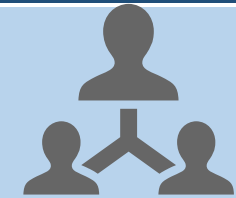Assumed Positive
Stay home, testing is recommended

The employee can return when:
- ✓ Symptoms have improved
- ✓ Fever-free for 24 hours (1 day) WITHOUT the use of fever reducing medication

If employee test positive, see CONFIRMED POSITIVE guidelines

Employee requirements provided by Cal OSHA.

POSITIVE EMPLOYEE

Any employee who has tested positive for COVID-19:
Isolate
CONFIRMED POSITIVE
ISOLATION

With symptoms infectious period is 24 hours from the day of symptoms onset: Employee with symptoms can return when these requirements have been met:
- ✓ Symptoms are mild and improving
- ✓ Fever-free for 24 hours (1 day) WITHOUT the use of fever reducing medication
- ✓ Must return to work wearing a face covering indoors for 10 days from onset of symptoms or positive test (if asymptomatic).

Positive without symptoms there is no infections period for the purpose of isolation. If symptoms develop, follow criteria above for confirmed positive.

Positive employee should email HRLeavesdesk@fresnounified.org and provide their name, a picture of their positive test and their symptom onset date. HR will confirm if employee is eligible for COVID worksite leave.

Employees who are a close contact should be notified by employer. Letters to all staff are no longer required.

Additional Info

Symptoms of COVID-19 includes new or worsening presence of the following:
   i.   Fever, chills, headache or cough
   ii.   Shortness of breath or difficulty breathing
   iii.   Fatigue
   iv.   Congestion or runny nose
   v.   Repeated shaking/ tremors
   vi.   Muscle pains or body aches
   vii.   Sore throat
   viii. New loss of taste or smell, nausea, vomiting or diarrhea

Any employee who **is Ill can be cleared to return to work when:**

✓ Symptoms are mild and have improved **AND**

✓ No temp or fever reducing medications for 24 hours

Cal OSHA Requirements – Notify close contacts and testing kits made available should employee request. District Warehouse has test kits available if site inventory needs replenishing.

Close Contacts – Employees who share the same indoor airspace for a cumulative total of 15 minutes over a 24-hour period of a confirmed cases' onset of symptoms.

Reporting—Employees who are confirmed positive should email HRLeavesdesk@fresnounified.org and include their name, a picture of their positive test and the date of their symptom onset. Human Resources will confirm with the employee is eligible for CAL OSHA COVID leave based on worksite exposure.

Testing– For students and staff who are interested in testing, the District provides over the counter (OTC) home test kits available at school sites and district departments. OTC test kits can also be found at local pharmacies. CDPH and CDE have extended test kit expirations date 12 months past the date noted on the kit.

Definitions

•   **Isolation** is defined as "separation of those infected with a contagious disease from people who are not sick;"

•   **COVID Test** for confirming a diagnosis can be either over the counter home test (rapid antigen) or a PCR test taken through a lab or testing facility.